

Burgers & Hot Sandwiches.....

Beef-Burger locally homemade Beef-Burger with Onions and finished off with Cheese or without 3.95

Chicken Burger, a chicken Fillet Burger in a Crispy coating choose from Plain or Hot 'n' Spicy and finished with Lettuce, sliced Tomato, Mayo 4.25

Veggie Burger- mixed vegetables in a burger and finished with Lettuce, sliced Tomato and Mayo 3.95

Hot Beef & onion, sliced roast Beef and Onions Sautéed together and served in a warm Baguette 3.25

Melted Cheese, Ham & Pineapple- Lancashire Cheese and Ham with Pineapple on the top, in a Baguette and then baked in the oven until Melted and Golden Brown 4.95

Melted Cheese, Tomato & Garlic- Lancashire Cheese and sliced Tomato with a hint of Garlic in a Baguette and then baked in the oven until Melted and Golden Brown 4.95

Chicken, Cranberry Sauce & Cheese, Sliced Chicken with Cranberry Sauce with either Garstang Blue or Brie on the to in a Baguette and then baked in the oven until Melted and Golden Brown 4.95

The above are served with Side Salad and Chips and Complemented with appropriate sauce

* all weights are approximate before cooking

Sandwiches.....

Roast Beef and Onion	3.75
Ham and Pineapple	3.75
Lancashire Cheese and Onion or Pickle- Tuna Mayo	3.75
Juicy Prawns in a Marie Sauce	4.00
Roast Chicken with Stuffing & Apple Sauce	3.75

The above are served with Side Salad and Crisp's

Toasted Sandwiches.....

Lancashire Cheese with any of the following Fillings, choose from Tomato, Pineapple, Onion or Ham. Served with Salad Garnish and Crisps 3.85

Extras & Side Dishes.....

Large Bowl of Chips	1.75
Side Salad	1.50
Garlic Bread	1.75
Garlic Bread with Melted Cheese	1.95
Pepper Sauce	1.65
Melted Garstang Blue Cheese	1.65
Black Sticks Blue Cheese	1.65

Desserts

Homemade Desserts of the Day, please ask for the choice from which you may choose from,

Local Mixed Cheese & Biscuits	4.00
Ice-Cream	from 2.50
Pot of Tea per person	1.50
Fresh Filter Coffee with Chocolate & refill	1.25
Liqueur Coffee, with Liqueur of your choice	3.50

The Pub in the Country Side !!



*Kenlis Arms
Barnacre, Garstang
Preston
PR3 1GD*

Phone 01995 603307

*We are open every day
from 6pm for Drinks
Home cooked Food is Served on
Thursday Evening from
6 pm to 8 pm
Friday & Saturday
12.30 pm to 2.30 pm
& 6pm to 8.30 pm
Sunday & Bank Holiday's
12.30 pm to 6 pm*

Enjoy the rest of your day !!

A Family run Public House in the Country, with Country Gardens & Children's Play Area

To start with....

Soup of the Day-
A bowl of homemade soup, served with crusty bread. Please ask for today's choice. 2.75

Prawn Cocktail
Large juicy prawns on top of crisp salad leaves and finished with Marie Sauce, served with brown bread and butter 4.50

Stuffed Mushrooms-
Mushrooms stuffed with garlic and herb butter with bread crumbs on the top and finished with Garstang Blue Cheese or Lancashire Cheese and Cooked until golden brown 4.50

Fresh Melon-
Trio of fresh Melon 3.25

Chicken Dippers
Crispy fillets of chicken, choose from plain or hot 'n' spicy with crisp salad and dips 4.50

Light Bites or as a Starter....

English Brie- warm English brie severed with Crusty Bread & Butter with Red Current Sauce or Seasonal Dipping Sauce 4.50

Black Pudding Local Black Pudding with Pepper Sauce on top of a Potato Cake half 4.00
whole 4.95

Traditionally Tasty Main Courses...

8oz Grilled Rib-Eye Steak * 8.50
8oz Grilled Sirloin Steak* 10.00
8oz Grilled Fillet Steak* 15.00

Mixed Grill—steak, gammon, lamb chop, pork sausage, pork steak, black pudding, 11.00

All the above are served with onion rings, tomato and mushrooms, fresh vegetables or salad, and chips
Why not add our Pepper Sauce or Melted Garstang Blue cheese over the top for 1.65

Grilled 12 oz Gammon with Pineapple & Fried Egg, served with Tomato and Chips, Fresh Vegetables or Salad. 7.00

Alice's Homemade Pie's, choose from

Steak & Onion Pie Steak and Onions cooked in a Rich gravy with a short crust pastry top 6.25

Steak, Kidney & Mushroom Pie Steak, Kidney and Mushrooms cooked in a rich Gravy with a Puff Pastry top 6.25

Cheese & Onion Pie- Lancashire Cheese and lots of Onions in a Short Crust Pastry 6.25

The above are served with Fresh Vegetables of the Day and Chips

Andrea's Homemade Lasagne choose from Meat or Roast Vegetables - -and is served with a crisp Salad and Garlic Bread 6.00

Roast Dinner's

Roast of the Day is served with Fresh Seasonal Vegetables, Roast and Boiled Potatoes from 6.25

1/2 Roast Chicken with Stuffing & Apple Sauce And is served with Fresh Vegetables or a crisp Salad, Chips or Roast, Boiled Potatoes 6.25

Now For Something Fishy.....

Battered Whole Tail Scampi deep fried until Golden Brown and served with a crisp Salad, Chips or Jacket Potato and complemented with Tatar Sauce 6.50

Large Juicy Prawns with a seasonal crisp Salad and Jacket Potato, complemented with a rich Creamy Mayonnaise or Marie Sauce 6.50

Battered Golden Cod, Mushy Peas and Chips, Served with bread and Butter 5.50

Battered Plaice with a Salad and Jacket Potato and Tartar Sauce 5.50

Woughman's..... Choose from

Creamy Lancashire Cheese- 4.95

Mixed Local Cheese,- Garstang Blue, Blacksticks, Bowland & Lancashire Cheese 4.95

1/2 Ham 1/2 Lancashire Cheese 4.95

Large Juicy Prawns with Marie Sauce 5.25

The above are with side salad, pickles and crusty bread and butter

Jacket Potatoes.....choose from

Baked Beans- with or without Melted Lancashire Cheese 3.85

Melted Lancashire Cheese- 3.85

Large Juicy Prawns in a Marie Sauce 4.00

Tuna Mayo 3.85

Garlic Mushrooms- in a creamy sauce

The above are with a side salad and complementary sauce 3.85

Sunday Lunch Special

please ask for the Sunday Special Menu

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